



Mid-Valley Dance Company

Policies and Guidelines

All classes are closed for viewing. Parents are encouraged to attend during observation weeks, performances and competitions.

Mid-Valley Dance Company will follow the OSAA recognized dance team season and the Salem Keizer School District calendar. All technique classes are on a drop-in basis. Tuition will be paid at the beginning of each month, but attendance will not effect class placement.

All food and drink must remain in the front lobby area. No gum. Water bottles will be allowed in the studio.

Please keep the noise level to a minimum in the lobby area. Please respect the facility and pick up after yourself.

Mid-Valley Dance Company accommodates students who desire a technical base in preparation for continued study and those who enjoy dance for recreation and exercise. For this reason, please respect the training and teaching environment.

Please park and drop off in the back parking lot of Salem Fitness Center.

Please respect Salem Fitness Center and it's members at all times.

Dancers must be dropped off and picked up in a timely manner. Additional fees will be assessed if children are consistently left unsupervised. Mid-Valley Dance Company does not assume any liability for any of our dancers that are left unsupervised. Students are dismissed at the studio door and are expected to quietly wait at the back door until parents arrive. Siblings of dancers and friends of dancers are never to be left unattended. No rowdy play is allowed.

All students should be on time to class, follow dress codes, and be respectful towards teachers, parents, and other students.

Please do not leave valuables in the locker rooms. Valuables should either be taken into the studio with the dancer or left at home. Mid-Valley Dance Company and Salem Fitness Center are not responsible for anything lost or stolen. Items found in the studio will be placed in the lost and found. Items not claimed after 30 days will be taken to the Goodwill.

Dancers or their parents are encouraged to call the director when they will not be in class. Every dancer is important will be missed when they are absent.

Please be aware that we try to take extra precautions with security and the well-being of your child, but please caution your child about staying in the lobby and staying out of the parking lot if they are awaiting your arrival. Parents, if you know you will be late to pick your child up, please advise the director. Please remember the director has other classes to teach. The director or Salem Fitness Center cannot be responsible for children dropped off early or picked up late.

Please help us keep our studio clean by picking up your trash. Remember to empty liquids in the bathroom sink before putting in the trash. Please do not bring trash in from your cars.

Dancers are encouraged to purchase snack punch cards, or bring along a healthy snack to class. Mid-Valley Dance Company classes are directly after school and each dancer needs some nourishment before beginning class. Please plan ahead when preparing for your day, and send your dancer with a snack and water bottle, or snack punch card for class.

All classes will be held at Salem Fitness Center unless otherwise noted on your calendar. Sprague practices will be held in the Auxiliary Gym/Dance Room at Sprague High School.

Tuition and Fees

Application Fee: There will be a one-time \$50.00 fee per year for each dancer registering for a class. There will be a \$25.00 fee for the All-Star team. This fee must be included with your application form.

Tuition Fee: Please see the current class schedule for tuition rates.

Tuition is due on the first class of each month. There will be a \$10.00 charge for late tuition. The student will not be able to participate until balances are paid in full.

There will be a \$30.00 fee on all returned checks.

A \$100.00 costume fee will be charged in November for Fall Competition Teams.

A \$100.00 competition fee will be charged in January for Fall Competition Teams.

There are no refunds, credits, or payment adjustments for missed classes.

The monthly tuition will be the same each month regardless of the number of classes in the particular month. The one exception will be with a prorated fee offered the first month a dancer joins the company.

Please place tuition checks, registration forms, order forms and other important documents in an envelope with the dancer's name on the front. Once arriving at the studio, please place envelopes in the drop box. Please do not hand unmarked or unlabeled envelopes directly to the director.

Private Lessons: Private Lessons will be offered by request for additional help and or to make up a missed class. The fee for private lessons is \$30.00 per half hour.

Dress Code

All dancers will be required to wear hair in a ponytail with long bangs pinned up.

No jewelry or artificial nails are allowed during rehearsals or performances for safety reasons.

Mid-Valley team members are required to wear to following studio approved items in any combination:

- Black Jazz Boots
- Black Jazz Pants
- Black Leotard
- Black Unitard
- Company shorts over Leo or Uni
- Company T Shirt
- Company Warm Ups
- Shorts

Technique dancers may wear any combination of dance clothing in all black. Leotards, unitards and or shorts or tights are preferred.

All required clothing, as well as additional optional items may be purchased from Mid-Valley Dance Company. Extra order forms are available at www.midvalleydance.com. A start up order will be filled the second week of class, but additional orders may be placed at the first practice of each month.

It is the dancer's responsibility to replace any missing items in a timely manner.

Please label all dance items with the dancer's initials to avoid clothing mix-ups.

Dancer's who arrive at rehearsal without the appropriate clothing must ask permission before beginning their class.

Company Closures

When the Salem/Keizer School District is closed due to inclement weather, MVDC will be closed as well.

Mid-Valley Dance Company will be closed as follows for the following holidays and events:

- October 31st Halloween
- November 12th- National Holiday
- November 26th and 28th
- December 24th, 26th, 31st, No School/Holiday
- January 2nd Sprague Dance team returns from Nationals
- January 21st No School/Holiday
- February 18th No School
- March 24th and 26th Spring Break/No School
- May 26th No School

Competitions and Performances for Team Members

Competitions will be held on Saturdays beginning in January and ending with the finale at the Junior Level State Championships in April. The competition schedule will be announced as soon as it is finalized.

Additional performances will include basketball half-time performances, school assemblies, talent shows and a performance at the Sprague Dance Team competition.

All dance team routines will be choreographed in a manner that will allow each dancer to participate in each routine, regardless of dance experience.

As long as a dancer has regular attendance at all rehearsals, and is focused and attentive during class, they will be included in the competition routines.

Competition fees will cover all competition expenses with the exception of professional pictures and personal items.

Parent volunteers will be needed to assist with transportation to competitions, hair and makeup and meal preparation. Please contact the director if you are able to assist with this.

All dancers will be provided with beverages, meals and snacks while at competition events.

All dancers will be included in the team carpool to competition.

Dancers will be expected to follow the provided checklist and arrive at competitions and performances with all of the necessary items.

Costumes should be removed after competitions and performances and carefully stored for the next event.

Parents are expected to support all competition dance teams in a positive manner.

It is requested that after competitions, the team is allowed fifteen minutes to change clothing and debrief on the day's events before parents enter the room.

Technique Classes

The class will create an opportunity for Salem area dancers to receive dance training with an emphasis on style, technique and developing the strength needed to properly execute movements. These classes are open to all dancers grades 5 thru adult. No dance experience is required.

Strength/Stretch and technique will be taught from beginning to end at each class. Every class will start new, with new combinations and new ideas. This will allow drop in dancers the opportunity to participate at the same level as regular attending dancers.

